

GLEN LEDNOCK ROAD RACE 2011

MAIN & SHORT RACE, JUNIOR RACE & FAMILY FUN RUN ENTRY FORM

MAIN SPONSORS: S. CARMICHAEL & SONS, MONUMENT ROAD, COMRIE: 01764 670415

Sunday, May 8th, Start Time: 10.30am at Monument Road, Comrie,

by Crieff, Perthshire PH6 2LP

Full race entry fee: £10 for affiliated runners, £12 for non. Short Race: £6 Junior Race: £4. Family Fun Run: £10

The Main 8.5 mile Race is open to entrants 18 years and over on the day of the race and the Short Race is open to entrants 15 years and over. The Short Race course is 4.25 miles long (2.125 miles each way).

The Family Fun Run is open to all families regardless of their total number. (1.5 miles).

The prize fund will be allocated to the main full Adult Open 8.5 Mile Race only.

Prizes will also be allocated to the Junior Race. (Prizes to be confirmed) The first, second and third places in the Family Fun Run and Short Race will be awarded a medal or small trophy for their relevant place.

The race starts outside Carmichael's yard in Monument Road, Comrie and takes you up into beautiful Glen Lednock to Ben Chonzie Car Park and returns to Monument Road making a total of 8.5 miles. The courses have been measured electronically. There will be two water points on the main course. The Short Race takes the same course as the full adult race for 2.125 miles each way and water can be uplifted at the turning point. The Junior Race and Family Fun Run begin at the same venue and entrants run up into the De'il's Cauldron Glen and return to the yard making a total of 1.5 miles. There will be one water point on this route and race marshals.

First Aid officials will be in attendance throughout the two race routes.

A permit to stage these events has been obtained from Scottish Athletics (SA).

Prize vouchers or prizes to the value of the following: Open Female & Male First: £40 each, Second: £25 each, Third: £20 each, First Female & Male Vet: £20 each, First Female & Male Extreme Vet: £20 each
First Local Female & Male: £20 each. Junior Race prizes will be confirmed nearer the time.

*** PLEASE TICK RACE TO BE ENTERED AND THE RACE CATEGORY SECTION			
Adult Open Race	Short Race	Family Fun Run	Junior Race
Name:		Address:	
Post Code:	Email:	Telephone:	
SA Affiliation Number	Date of Birth		
Main Race Categories: Male (over 18)		Male Vet (over 40)	Extreme Male Vet (over 50)
Female (over 18)		Female Vet (over 35)	Extreme Female Vet (over 45)
Short Race Categories: Male 15 to 18	Female 15 to 18	Male over 18	Female over 18
Junior Race: Female (11 to 13)	Female (13 to 15)	Female (15 to 18)	
Number of Family Fun Run entrants including parents/guardians:			Race No Allocated:

Please enter me/us for the race indicated above, I/we declare that I/we are medically fit to run and understand that I/we do so at my/our own risk and that the organisers will not be liable for any loss, damage action, cost or expenses, which may arise as a result of my/us taking part in this event or from the postponement or cancellation of this event for any reason whatsoever. I agree to be bound by the laws and rules of UK Athletics, and will not hold the organizers or sponsors responsible for personal property lost or damaged during the race or in the car parks.

Signature: * Print Name Here.....

*** If entrant/s is/are under 18, this form is to be signed by a Parent or Guardian

*** Please note: Parents or Guardians are responsible for their children's safety on the Family Fun Run course

**** Every finisher will receive a free half pint of beer or juice courtesy of the Ancaster Arms, Comrie and the Trust

Send Entry form to: Mr J R Gordon, 8 Park Lane, Tillicoultry FK13 6AT Tel: 01259 752203 or mobile 07519 284 629

You can also contact John Gordon for details of sponsorship forms. E-mail: margaretgordon1@talktalk.net

Cheques should be made payable to "The Margaret J Gordon Art & Craft Awards"

Entry forms can also be downloaded from www.scottishathletics.org.uk & www.doitoutdoors.co.uk

PLEASE NOTE: Race numbers will NOT be posted to you. You must collect them at registration on race day.

You must include an email address or phone number so we can send confirmation of your entry.

A fund raising event in aid of the Margaret J Gordon Art & Craft Trust for local Primary Schools
(Registered Scottish Charity No SC 037349)

Visit our web site at www.margaretjgordonart.co.uk